

Occupational Stress of Government and Private Sector's employees

Madan Kanade*, Shivaji College,
Baba Saheb Ambedkar Marathawada University, Maharashtra

Abstract

Present study organized to know the Occupational Stress of Government and Private Employees. For this objective 50 participants selected from Government Sector and 50 participants selected from Private sector. All participants were male, education at least up to graduate. These participants randomly selected from Aurangabad district. Occupational Stress Checklist administered to assess the Stress. Result indicates that there is no significant difference regarding stress between Government and Private employees. In terms of Continuance Commitment and Normative Commitment, significant difference found between Government and Private employees.

Keywords: Occupational Stress, Occupational Stress Checklist

References

- Benson, H., Allen, R.L., (1993). "How much stress is too much?", Harvard Business Review, Vol.28, pp.109-116.
- Cartwright, S., Boyes, R.F. (2000). "Taking the pulse of executive health in the UK", The Academy of Management Executive, Vol. 14 No.2, pp.16-24.
- Chand and Sethi.A.S., (1997). "Organizational factors in the development of work stress", Indian journal of industrial relation, Vol. 32, No.4.
- Cooper, C. and Arbose, J., (1984). Executive stress goes global, International Management, May, pp. 22—28.
- James Thomas Kunannatt, (2003). "Type A behavior pattern and managerial performance - A study among bank executives in India", International Journal of Manpower, Vol. 24, No. 6.
- Karasek, R.A. (1979). Job demands, job decision latitude and mental strain.
- Lazarus, R. S. (1991). Psychological stress in the workplace. In P. L. Perrewe (Ed.), Handbook on Job Stress (pp. 1-13). Corte Madera, CA: Select Press.
- Levi, L. (1998). "Preface: stress in organizations – theoretical and empirical approaches", in Cooper, C.L. (Eds), Theories of Organizational Stress, Oxford University Press, New York, NY, .
- Luthans, F., (1998). "Organizational Behavior (7th Edition)", New York, McGraw-Hill.
- Primm, D. (2005). What Workplace Stress Research is Telling technical communications, Technical Communication 52(2005)449-455.
- Tread gold, R., (1999). "Transcendent occasions, their relationship to stress, depression and clarity of self concept", Journal of Humanistic psychology, Sage Publications, Vol. 39.
- Xie, J.L. & Jamal, M., (1993). "The type A experience: Stress, job-related attitudes and non-work behavior: A study of managers in China", International Journal of Management, Vol.10, pp.351-360.