

Adjustment and Social Support of B.Sc. college students in adolescents

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Abstract

The present study seeks to investigate the level of adjustment and social support of college going adolescents. Sample included 200 (simple random sampling method) randomly selected adolescents i.e. 100 boys and 100 girls college students from various B.Sc colleges of Kalaburgi district of Hyderabad Karnataka. For obtaining the data on social support and adjustment, social support scale developed by Vaux (1986), and adjustment inventory was developed by (1984) were used respectively. The statistical technique mean, sd and t-test. The findings of the study showed that there exists significant difference in adjustment and social support between boys and girls. And also significant difference in respect to domicile between adjustment and social support. It also concludes that there exists positive and significant difference between adjustment and social support.

Keywords: *Adjustment, Social Support and Adolescents.*