

## **Awareness towards Intellectual Disability among College Students**

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### **Abstract**

Intellectual disability has many causes like chromosomal abnormalities, genetic metabolic disorders, infections and head injury. Thus, factors causing intellectual disability is not only limited to these. Similarly, managing the conditions of individual's with intellectual disability varies as intellectual disability means a significant sub-average general intellectual functioning, co-existing with deficits in adaptive behaviours like communication, self-care, social skills and functional academics. The study conducted to evaluate awareness towards the conditions of individuals with intellectual disability. This was a college based cross sectional study which comprised of 96 female participants. Tools used for the study were Socio-demographic data sheet, General Health Questionnaire- 12, and NIHM GEM Questionnaire. Statistical analysis of quantitative data was done using Statistical Package of Social Sciences (SPSS for Windows version 16.0). It had been found that 72 participants out of 96 had misconceptions regarding the etiology, management and conditions of intellectual disability. Result indicates that, there is lack of awareness towards intellectual disability.

**Keywords:** *Condition, Etiology, Management, Misinformation, Misconception*