

## A Study on Marital Adjustment Among the High and Low Income Group Couples

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### Abstract

To study the impact of Marital Adjustment among high and low income group couples. Researcher has hypothesized that couples who are considered as low income group couples would be earning not more than 1 lakhs and high income group couples would be earning 10 lakh and above. Total 40 couples selected to study marital adjustment. Among 40, 20 couples belonging to low income group and 20 couples belonging to high income group. Marital Adjustment Questionnaire by Dr. Pramod Kumar (1999) and Dr. Kanchana Rhotagi was given to couples which assessed three factors namely social, sexual and emotional adjustment. Results indicates that there is no significant difference in terms of Marital adjustment between High income's couples and Low income's couples.

**Key words:** Marriage, Marital Adjustment, Marital Adjustment Questionnaire.

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