

Happiness and Indian Personality Dimensions in CHD patients and normal people

Yogesh Jogsan, Saurashtra University ,Rajkot

Abstract

Cardiovascular diseases caused 2.3 million deaths in 1990; this is projected to double by the year of 2020. The present attempt is a study of Happiness and Indian Personality Dimensions among CHD Patients and Normal People. Data consisted of 60, of these there were 28 CHD patients and 32 were normal people were selected. Indian *triguna* personality dimensions and happiness scale used of measure there happiness and personality dimensions. Independent t-test and correlation used measurement differences and relation between groups. Both the groups of CHD patients and normal people where as significant differences was found between comparative group on happiness and personality dimensions of *Rajasguna* and *Tamasguna*. There is a not significant difference in *Satvaguna* and Happiness. Here Significant correlation between Happiness and Personality Dimensions.

Keywords: Happiness, Indian Personality, CHD.

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