

Marital Adjustment of Working and Non-working women

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Abstract

The study conducted to observe the marital adjustment of working and non-working women. The study has done in Pune city, Maharashtra. Total 120 participants has been selected. All the female participants, among them, 60 women who has been working at private or government sector and 60 housewives has been selected. Marital Adjustment Questionnaire gave to the participant to measure adjustment. Result indicates that Marital adjustment of non working women is higher than non working women. There is significant difference regarding marital adjustment between working and non working women.

Keywords: Marriage, Marital Adjustment, Marital Adjustment Questionnaire

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