

## Self Concept and General Wellbeing in Post Graduation Students of Psychology and Allied Social Sciences

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### Abstract

Self concept and general wellbeing is a leading element of overall personality development in any youth. The prime aim of the study was to identify and compare various dimensions of self concept and general wellbeing between students pursuing post graduation in psychology and allied social sciences. Total 80 students pursuing their post graduation in psychology as well as 80 students of allied social sciences were randomly selected from concern PG Department of Gujarat University, Ahmedabad. The six dimensions of self concept were measured with the help of Self Concept Questionnaire developed by Dr. Rajkumar Saraswat, while General Wellbeing was determined by PGI General Wellbeing Measure developed by Dr. S.K. Verma and Ms. Amita Verma. Mean scores were computed and 't' test was applied to find out the differences between the groups. Results of the study indicate that in case of Physical, Social, Temperamental, Moral and Intellectual Self Concept the student of allied social sciences have slightly higher mean score than students of psychology, while the student of psychology reports more educational self concept. But the 't' value for all the dimensions of self concept is not found statistically significant. In general wellbeing the student of allied social sciences demonstrates better wellbeing in compare to psychology student. Again the differences between both the groups is insignificant ( $t=1.66$ ).

**Key Words:** Self Concept, General Wellbeing

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